

Carlisle Barracks Retiree Bulletin

Military Personnel Services Division, Carlisle Barracks, Carlisle, PA 17013

August 2015

*Retiree Appreciation Day at Carlisle Barracks
is scheduled for Sat, 10 October 2015!*

Aloha...

Hello All! There will be some changes to the Retiree Appreciation Day Agenda. The Registration time will be shorter this year from 0730 to 0830. The ID Section will be open from 0830 – 1400. Since the Appointment system started last year was a success that will be continued this year. There will be an ID Table in Root Hall Gym to sign up for the appointments. The Medical Areas will close from 0830-0930 during the Opening Ceremonies and Keynote Address in Bliss Hall. The medical Areas will reopen at 0930 thru 1500. The other vendors will remain open throughout the Opening Ceremonies and have been requested to be present until 1500. Please remember that we cannot force the Vendors to stay longer than their personal time allows.

**Your Retirement Services Office
publishes this Retiree Bulletin.**

Nice Comments should be mailed to

*Theresa A. Derr, RSO, MPSPD, 46 Ashburn Drive, Carlisle,
PA 17013-5062 or email at theresa.a.derr.civ@mail.mil.*

My Web site is

<http://carlislebarracks.carlisle.army.mil/rso.htm>

*If you receive this Bulletin in the name of a loved one
who passed, Please contact Military Retirement Pay
Center @ 1-800-321-1080.*

...and Aloha

This is going to be my last Retiree Bulletin and Retiree Appreciation Day. I will be retiring from the Civil Service on 31 May 2016. It's been an honor & a privilege being your Retirement Services Officer for almost 22 years!

After 34 years of total service, it's time to say "so long" and allow someone with fresh ideas to work for our retiree community.

I'm also retired from the Army Reserves and looking forward to turning age 60 in May 2020! You'll see that this bulletin is geared towards the Reserve and National Guard Retirement System. However, all the benefits are the same for Active Duty Retirees. The difference is when the eligibility for Pay and Medical benefits occur.

One major change to the Reserve & National Guard Retirement System, is that Reserve Human Resources Command, Ft Knox, KY will not send our Retirement Benefits & Pay Packets Automatically! We must call or email with a current address and REQUEST the Packets be mailed! See the To-Do List in this Bulletin!

I hope you all find this bulletin to be packed with useful/fun information.

So Long, Farewell, Auf
Wiedersehen, Adieu...

RETIREE APPRECIATION DAY AGENDA

PLACE: Bliss and Root Halls, U.S. Army War College

DATE AND TIME: Saturday, 10 October 2015 starting at 7:30 am-3:00 pm

7:30- 8:30 am	Registration in War College Gym, Coffee & Doughnuts available in Gym Lobby
8:30- 8:50 am	Opening Ceremonies in Bliss Hall Auditorium
8:50- 9:30 am	Keynote Address
9:30- 9:45 am	Retiree Council Presentation
9:45- 10:15am	Legal Brief
10:15-10:45 am	Break/Return to Bliss Hal for Tricare-For-Life Briefing (over age 65) or go to Reynolds Theater for Tricare Briefing (Under age 65)
10:45-11:45 am	TRICARE Briefings in Bliss or Reynolds Theater
11:45-12:45 pm	Lunch Break. Root Hall's "Joint Deli"; Exchange's "Subway"; Oktoberfest at AHEC
12:45-12:50 pm	Welcome Back & Speaker Intro in Bliss Hall
12:50-1:30 pm	Dunham Clinic Update in Bliss Hall
1:30 - 2:10 pm	VA Briefing in Bliss Hall
2:10- 3:00 pm	Exchange & Commissary Updates, Bliss Hall
3:00-3:10 pm	Closing & Farewells in Bliss Hall

DIRECTIONS

From Interstate Rt. 81, Exit 52 or PA Turnpike I-76, Exit 226.

Follow US Rt. 11 South

- 1. If you have a Current Military ID, Go straight about 5 miles and make a Left turn thru Ashburn Gate.**
- 2. If you don't have a Current Military ID Card, stay on Left Lane of Rt. 11 South for about 2 miles; Turn Left onto Harmony Hall Road & follow the Blue Carlisle Barracks Signs to the Back Gate! Turn Left to go thru Security. If you do not have a Current Military ID, be prepared to show Driver's License, Car Registration & Proof of Car Insurance and please Show Picture ID's for everyone in the vehicle.**

Follow the SPECIAL EVENT SIGNS to PARKING LOTS and APPRECIATION DAY SITE!

PLEASE MAIL PRE-REGISTRATION FORM to:

Retirement Services Office, 46 Ashburn Dr., Carlisle, PA 17013-5062 Or FAX to 717-245-4227

PLEASE do not email Pre-Registration form!

------(CUT HERE)-----

For Official Use Only

CARLISLE BARRACKS RETIREE APPRECIATION DAY PRE-REGISTRATION FORM

YES, I plan to attend this year's Retiree Appreciation Day! There will be _____ in my party.

YES, I can assist during the Appreciation Day by being an Usher in the Bliss Hall Auditorium _____

NAME _____ RANK _____ SERVICE _____

ADDRESS _____

STATE _____ ZIP _____

Phone _____ Email _____

For Official Use Only



DEPARTMENT OF THE ARMY
UNITED STATES ARMY WAR COLLEGE AND CARLISLE BARRACKS
CARLISLE, PENNSYLVANIA 17013

REPLY TO
ATTENTION OF

IMCL-ZA

14 August 2015

MEMORANDUM FOR MILITARY RETIREES, FAMILY MEMBERS, SURVIVORS AND PRE-
RETIREE PERSONNEL

SUBJECT: Carlisle Barracks Retiree Appreciation Day Invitation

1. On behalf of Major General William (Bill) Rapp, I cordially invite you to attend the 41st Annual Retiree Appreciation Day at Carlisle Barracks Root and Bliss Halls on **Saturday, 10 October 2015**. The day will begin at 0730 at the Root Hall Gymnasium with registration and then opening activities in the Bliss Hall Auditorium at 0830. There will be a Keynote Address in Bliss Hall by Chief, Army Retirement Services, John W. Radke, starting at 0850. We will then host a series of seminars on such topics as Legal Affairs, TRICARE (Under Age 65), TRICARE-for-Life (Over Age 65), and Veterans Affairs. In addition to seminar activities, Post Activities and organizational representatives will be in Root Hall Gym from 0730 1500 depending on representative availability. We also offer an opportunity for a "Mini-Heath Screening." The ID Card Section, Anne Ely Hall, 46 Ashburn Drive, will be open from 0830 - 1400. Food options include the Joint Deli at Root Hall, the Exchange Subway, and the Commissary. Finally, the Commissary will be open until 1700 and the Post Exchange will be open until 1800.
2. We have again planned our Retiree Appreciation Day to coincide with the Carlisle Barracks; Oktoberfest at the Army Heritage Education Center (AHEC) located on Army Heritage Drive. We encourage you to visit the Oktoberfest and enjoy the festivities, food, drink, and music throughout the day. Shuttles will run from 0730 - 1545 between the parking lots marked on your maps, the U.S. Army War College and the Oktoberfest location at AHEC.
3. For planning purposes, please complete the pre-registration form in this bulletin and **return it no later than Wednesday, 7 October 2015** and mail to: **Retirement Services Office, MPSPD, 46 Ashburn Drive, Carlisle, PA 17013-5062**.
4. This day is a small gesture of appreciation for your service to our country. Thank you for all that you have done and continue to do for this great Nation. We look forward to your visit! If you have any questions regarding these events, please contact the Retirement Services Office at **717-245-4501 or 717-245-3894**.

GREG ANK
LTC, MI
Garrison Commander

Where to Sleep in the Carlisle Barracks Area?

For those who wish to stay at Carlisle Barracks-IHG Army Hotel, please call **717-245-4245**. Call NOW & have your Credit Card Ready for Reservations. There are 45 rooms and I cannot arrange for a "Block of rooms" for our Event!

MY DISCLAIMER: Carlisle Barracks & I do not sanction the list below. The list comes from...

<http://www.visitcumberlandvalley.com/business-directory/where-to-sleep/hotels.html>

Hotels/Motels in Carlisle, PA

	Address & Zip Code	Phone	Web
America's Best Value Inn	1460 Harrisburg Pike, 17015	717-249-7775	www.americasBestvalueinn.com/bestv.cfm?idp=1716
Best Western Carlisle	1155 Harrisburg Pike, 17013	1-866-597-6200	www.bestwestern.com/Carlisle
Budget Inn	1125 Harrisburg Pike, 17013	717-422-5129	http://www.booking.com/hotel/us/carlisle-1125-harrisburg-pike.html
Comfort Suites Hotel	10 S. Hanover St., 17013	717-960-1000	www.comfortsuitescarlisle.com
Country Inn Carlisle South	1529 Commerce Ave, 17015	717-241-4900	www.countryinns.com/carlislepa
Days Inn & Suites	101 Alexander Spring Rd. 17015	717-258-4147	www.daysinnkarlisle.com
Econo Lodge Carlisle	1252 Harrisburg Pike, 17013	717-243-8585	www.econolodge.com
Fairfield Inn & Suites by Marriott	1528 E Commerce Ave., 17015	717-243-2080	www.marriott.com
Hampton Inn Carlisle	1164 Harrisburg Pike, 17013	717-240-0200	www.carlisle.hamptoninn.com
Hotel Carlisle/Embers	1700 Harrisburg Pike, 17015	717-243-1717	No Web Site
Howard Johnson Inn	1245 Harrisburg Pike, 17013	717-243-5411	www.knightsinn.com
Motel 6	1153 Harrisburg Pike, 17013	717-249-7622	www.motel6.com
Red Roof Inn	1450 Harrisburg Pike, 17015	717-245-2400	www.redroof.com
Quality Inn	1255 Harrisburg Pike, 17013	717-243-6000	www.qualityinnpa.com
Residence Inn	1 Hampton Ct, 17013	717-610-9050	www.carlisleresidenceinn.com
Rodeway Inn	1239 Harrisburg Pike, 17013	717-249-2800	www.rodewayinn.com
Sleep Inn Carlisle	5 E. Garland Dr, 17013	717-249-8863	www.sleepinn.com/
Super 8 Motel North	1800 Harrisburg Pike, 17013	717-249-7000	www.super8.com
Super 8 Motel South	100 Alexander Spring Rd, 17013	717-245-9898	www.super8.com
Travelodge	1247 Harrisburg Pike, 17013	717-243-2960	www.travelodge.com

HANDY MILITARY TOLL-FREE NUMBERS

ARMY Reserve HR Retirement Benefits, St. Louis, MO	1-888-276-9472
Bureau of Veterans Affairs, Ft Indiantown Gap	1-800-547-2838
DEERS Update/Information	1-800-538-9552
Retirement & Annuity Pay Center, Cleveland, OH	1-800-321-1080

TRICARE PHONE NUMBERS

TRICARE Information (Under age 65)	1-877-874-2273
TRICARE Retiree Dental Program	1-888-838-8737
TRICARE For LIFE! (Over age 65)	1-866-773-0404
TRICARE Mail-Order Pharmacy Program	1-877-363-1303
TRICARE Retail Pharmacy Program	1-877-363-1303

VA PHONE NUMBERS

VA Insurance Information (NSLI -Old GI Insurance)	1-800-669-8477
VA Insurance Information (VGLI & SGLI)	1-800-419-1473
VA Education Customer Service Office (GI Bill/Post 911)	1-888-442-4551
VA Regional Office (General Questions)	1-800-827-1000

CARLISLE BARRACKS PHONE NUMBERS

On-Post information - 717-245-3131 during normal duty hours only Mon-Fri 0700 - 2300
Or Call the Office you want at 717-24x-xxxx

DUNHAM HEALTH CLINIC - CLOSED on THURS AFTERNOONS	
Clinic Information	5-3400 or Toll-free 1-877-787-2569
Health Benefits Advisors	5-4112/5-3918
Patient Affairs	5-3911
Patient Appointments	5-3400/1-877-787-2569
Pharmacy	5-3400
Pharmacy (Dunham Clinic Phone-in Refill)	1-800-248-6337, Press 2, then 4, then 4
Pharmacy (PX Refill Station)	1-800-248-6337, Press 2, then 4, then 1
OTHER POST PHONE NUMBERS	Phone
Army Community Services	5-4357
Army Emergency Relief, Financial Counsel Aid	5-4720
Barber Shop (PX)	249-4958
Barracks Crossing (Engraving, Frame, Auto)	5-3319
Bowling Center	5-4109/5-3027
Chapel (Post)	5-3318
Commissary	5-3105
Golf Course Club Lounge & Snack Bar	5-3267
Legal Assistance/Appointments (JAG)	5-4940
Letort View Community Center & Catering	5-3991
Post Exchange	243-2065
Post Closures Due to Bad Weather	5-3700
Retirement, Survivor, Transition Ofc (Military) 5-4501/3894	

ID CARD SITES IN PENNSYLVANIA For more sites: www.dmdc.osd.mil/rsi/

Location	Address	Phone
Allentown	1400 Postal Rd, Allentown PA 18109	610-264-8823
Annvile	Bldg 9-68, Ft Indiantown Gap, PA 17003	717-861-8693
Avoca	1200 Navy Way Road, Avoca PA 18641	570-457-8430 x212
Carlisle	46 Ashburn Dr., Carlisle Barracks, PA 17013	717-245-3533
Chambersburg	2 Wisconsin Ave., Chambersburg, PA 177201	717-267-8751
Coraopolis	300 Tanker Road, #4226 Coraopolis PA 15108	412-776-7411
Danville	90 Liberty Valley Road, Danville PA 17821	570-275-7450
Ebensburg	260 Industrial Park Rd., Ebensburg PA 15391	814-472-5083 *810
Erie	3938 Old French Rd., Erie, PA 16504	814-434-0209 x247
Johnstown	295 Goucher St., Johnstown, PA 15905	814-288-6000/5087
Mechanicsburg	5450 Carlisle Pike Bldg 26, Mech., 17055	717-605-5176
Middletown	81 Constellation Ct., Middletown PA 17057	717-948-2285/2283
Moon Township	99 Soldiers Lane, Moon Township. 15108	412-604-8319
New Cumberland	2021 Mission Dr., New Cumberland, PA 17070	717-770-7111
Philadelphia	2700 Southhampton Rd, Philadelphia PA 19154	215-856-5925
Tobyhanna	11 Hap Arnold Blvd., Tobyhanna, PA 18466	570-615-7409
Williamsport	1307 Grove St., Williamsport, PA 17701	570-321-5041
Willow Grove	1051 Fairchild St., Willow Grove PA 19090	215-323-7417/7419

**TO-DO LIST FOR RESERVE/NATIONAL GUARD RETIREES AFTER
TRANSFER TO RETIRED RESERVES**

Age	Benefits	Phone, Website, Email
	When Transferred	To Retired Reserves! Time to Get
	Res Ret ID Card	See List of ID Sections in this Bulletin https://www.dmdc.osd.mil/rsl/appj/site?execution=e1s1
	TRICARE Retired Reserve (Up to Age 60)	www.tricare.mil/trr Call 1-800-555-2605
	TRICARE Retiree Dental Program	www.trdp.org Call 1-888-838-8737
	Veterans Group Life Insurance(w/in 240 days after Transferred to Res Ret)	www.benefits.va.gov/insurance/vgli.asp Call 1-800-419-1473
	Exchanges – in the USA	www.aafes.com Call 1-800-527-2345
	Commissary – in USA	www.commissaries.com Call 1-804-734-8000
	Morale Welfare Rec Centers (Worldwide)	www.armymwr.com Call Local 717-245-4332
	Space Available Flights	http://www.amc.af.mil/amctravel/ No general phone number available
	Veteran Burial	http://www.cem.va.gov/ FTIG Nat Cem-717-865-5254
	Army Echoes	http://soldierforlife.army.mil/retirement/echoes (703) 571-7232
	Veteran Administration	www.va.gov Call 1-800-827-1000
	Fed Long Term Nursing Home Care Insurance Program	www.ltcfeds.com/index.html Call 1-800-582-3337
	Retiree Appreciation Day (RAD)	Come to Carlisle Barracks RAD on 10 Oct 2015
	Army Reserve RSO	99 th RSC Ft Dix NJ http://www.usar.army.mil/resources/Media/99th_26Mar15.pdf
	Carlisle Barracks Soldier For Life Ret Services Office	http://carlislebarracks.carlisle.army.mil/rso.htm 717-245-4501

**TO-DO LIST FOR RESERVE/NATIONAL GUARD RETIREES AFTER
TRANSFER TO RETIRED RESERVES**

Age 58-59		
	Request Reserve Ret Application from HRC (Earlier if you have active OIF/OEF time after 2008!)	1-888-276-9472 or (502) 613-8950 or email: usarmy.knox.hrc.mbx.tagd-retirement-application-request@mail.mil Provide Full Name, Rank, Current Address and Last 4 (SSN)
	Complete & Submit Ret Application	Need help, contact National Guard Ret Ofc in FTIG 717-861-9642/9354 or RSO in Carlisle Barracks 717-245-4501
	Get Ret Orders	Do Happy Dance!
Age 60		
	Get NEW Retirement ID Cards (Take your Orders with you!)	See Pennsylvania ID Sections in this Bulletin https://www.dmdc.osd.mil/rsl/appj/site?execution=e1s1
	TRICARE Standard/Extra Starts	1-877-874-2273 https://www.hnfs.com/content/hnfs/home/tn/bene.html
	Prescriptions Starts	1-877-363-1303 https://www.express-scripts.com/TRICARE/index.shtml
	Ret Pay usually Starts 1 st of month after 60 th Birthday	1-800-321-1080 http://www.dfas.mil/retiredmilitary.html
	Legal Office for Free Wills, Power of Attorneys, Tax completion	Carlisle Barracks JAG Office Call 717-245-4940 No Website
	Authorized Burial at Arlington National Cemetery	1-877-907-8585 http://www.arlingtoncemetery.mil/
Age 65		
	Get Medicare A & B	1-800-633-4227 http://www.medicare.gov/
	TRICARE FOR LIFE	1-866-773-0404 http://www.tricare.mil/tfl/
Age 75		
	Surviving Spouses & Spouses get Forever ID cards	See Pennsylvania ID Sections in this Bulletin https://www.dmdc.osd.mil/rsl/appj/site?execution=e1s1

Fun Stuff for All List!

Morale Welfare Recreation Centers

Army MWR – www.armymwr.com

Air Force MWR – www.usafservices.com

Marine Corps MWR – www.usmc-mccs.org/fitnessrec

Navy MWR – <http://navymwr.org>

Coast Guard MWR – www.uscg.mil/MWR

Armed Forces Recreation Centers

Dragon Hill Lodge, Seoul, Korea

- 24 hours Phone (011-82-2) 7918-2222
- www.dragonhilllodge.com

Edelweiss Lodge and Resorts, Garmisch, Germany

- Phone Mon-Fri 8 am-6 pm CET
- (011-49) 8821-9440
- www.edelweisslodgeandresort.com

Hale Koa Hotel, Oahu, Honolulu, HI

- Phone Mon-Sat 8 am-4pm HST 1-800-367-6027
- 808-955-0555
- www.halekoa.com

Shades of Green, Orlando, FL (part of Walt Disney World)

- 24 hours Phone 1-888-593-2242
- www.shadesofgreen.org

OTHER VACATION SITES & OPPORTUNITIES!

Armed Forces Vacation Club

- Phone 1-800-724-9988
- <http://www.afvclub.com/>

Army Lodges

- <http://new.armymwr.com/travel/lodging/default.aspx>
- Phone 1-800-462-7691
- IHG Army Hotels
- 1-877-711-TEAM or 1-877-711-8326

Navy Lodges

- Phone 1-800-628-9466
- <https://www.navy-lodge.com/>

Air Force Inns

- Phone 1-888-235-6343
- <http://af.dodlodging.net/>

Marine Corps-Inns of the Corps & Recreational Lodging

- <http://www.usmc-mccs.org/lodging/index.cfm?sid=rf&smid=1>

Paths Across America (RV)

- <http://www.armymwr.com/recreation/outdoors/paths.aspx>

Navy Cabins & RV Parks

- <http://get.dodlodging.net/>
- 1-877-NAVY-BED
- 1-877-628-9233

Coast Guard

<http://www.uscg.mil/MWR/lodging/Lodging.asp>